
Member Network Registration Notice Breakfast Briefing - Toronto



Get More Power from Your Brain

Our brain is a fantastic resource that is frequently under-used, because many of us do not understand how it works. Habits we have had for years, that we are not even aware of, cause us to overload or block our short term memory.

These unrecognized habits literally weaken our brain power. Plus we are getting older every day and we need to know how we can slow and even reverse the brain aging process.

Learn how to work more effectively WITH your powerful brain and enhance your learning and self-management skills.

Key Learning Outcomes

- Understand the four conditions to get and keep your brain in top condition
- Know what causes brain aging and how to slow that process
- How to set up work and play to fully engage your brain
- How to take a more effective approach to multi-tasking
- How to change habits that aren't working for you
- How sleep can enhance learning and memory

Who Should Attend

Anyone who works with a variety of people in different situations, and who wants to remember more, feel sharper and enhance his or her interpersonal skills. Anyone who is curious about how to slow the aging process.

About the Speaker

Eileen Pease is President and founder of Dynamic Learning Inc., a company devoted to enhancing people's ability to grow and learn by enhancing their thinking skills. She has been an effective, creative and energetic trainer/facilitator, consultant, coach, and mentor for over 20 years. She has led executive, management and supervisory groups across Canada and the United States using innovation and determination to help individuals tackle personal and professional challenges. As Eileen has been teaching Speed Reading and Memory Techniques every year for the last 20 years, she has developed a deep interest in how we can use our brains more effectively. She is currently working on a book called Get More Power from Your Brain and she has designed a number of presentations on the topic, which she has delivered to many accounting groups across Canada.

Date:

Thursday, February 24th, 2011

Location:

CMA Ontario – Microsoft Dynamics Business Lounge (University Ave./Wellington Ave.)
70 University Avenue, Ground Floor
Toronto, ON M5J 2M4
416-977-7741

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Time:

7:30 a.m. to 8:00 a.m. – Registration & Networking (Continental Breakfast)

8:00 a.m. to 9:00 a.m. – Presentation

9:00 a.m. to 9:15 a.m. – Q&A Session

Cost:

\$35.00 & HST – Members

\$40.00 & HST – Non-members

CPLD:

2 credits

REGISTRATION:

To register online please visit the CMA Ontario Member Portal at <http://members.cma-ontario.org>.

To register by email or fax please complete the form below and send to fax number at 416-977-1365 or membernetwork@cmaontario.org.

Guests (non-members) may register by email or fax by completing the form below and sending it to fax number at 416-977-1365 or membernetwork@cmaontario.org.

REGISTRATION FORM

Please fax your registration form to 416-977-1365 or scan/email it to membernetwork@cmaontario.org.
General inquiries: 416-204-3140 or (800) 387-2991 ext. 140.

Get More Power from Your Brain – Thursday, February 24th, 2011

Name: _____ I am a Member: I am a guest (non-member):

Member #: _____ Tel: _____

Credit Card (Visa/MasterCard): _____ Expiry Date: _____

Signature: _____ Dietary Restrictions: _____

No refunds for cancellations after February 17, 2011. Substitutions accepted at no charge.

For a complete listing of District and Member Network events please visit www.cmaontario.org/events.

Visit www.myCMAcommunity.com to discuss the latest business trends and share insights and best practices in management accounting with fellow Certified Members and Candidates.

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